

# COLCACCHIO

*pizzeria*



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**every slice tells a story**

## MENU INSTRUCTIONS



Our food is prepared in a kitchen that uses nuts, wheat, gluten, shellfish, lactose, eggs and seeds and our olives may contain pips. Please note not all ingredients are listed. We do not add a service charge unless you're a party of 6 or more. Any substitutions to menu items are subject to additional costs. E&OE.

Discovery Vitality members get up to 25% back on all qualifying HealthyDining meal options plus 50% back on Vitality kids' healthy meals, for under 12's. Discovery Vitality (Pty) Ltd. Ts, Cs and limits apply.

## OUR PIZZA RANGE

- standard thin base pizza**  
 Col'Cacchio's tried and tested dough recipe. Thinly rolled bases, baked in a wood-fired oven.
- foro**  
 our healthier, lighter range of pizzas with a hole in the middle filled with crispy fresh salad.
- carb conscious**  
 21cm base made with cauliflower, coconut, psyllium husks, flax seeds, guar gum, olive oil and dusted with coconut or tapioca flour. Served with a carb conscious side salad.
- gluten free**  
 wheat and gluten free pizza base at an additional cost of R25 per pizza
- pizza insalata**  
 medium sized pizza, less cheese served with a side salad

# antipasti

something to start with

## pizza bread garlic or herb 45 / mini 35

[no mozzarella] garlic, olive oil, herbs

ADD: MOZZARELLA 30

## pizza bread feta & onion 55 / mini 45

[no mozzarella] olive oil, herbs, feta, onion

## piatto di fresca 135

smoked salmon trout, avo, cucumber ribbons, herbs, sesame seeds, citrus wedges, citrus dressing

## beef carpaccio 95

beef carpaccio, rocket, \*italian parmesan, black pepper, home-made dressing

ADD: AVO 25

## caesar 75

cos lettuce, croutons, egg, \*italian parmesan, kinga's caesar dressing

ADD: BACON 18 | SEASONED CHICKEN 25 | ITALIAN ANCHOVY 32

## green salad 89 / side 59

lettuce, baby spinach, artichokes, cucumber, avo, mushroom, spring onion

ADD: ITALIAN PARMESAN 22

## greek 75 / side 50

lettuce, cherry tomatoes, olives, feta, onion, cucumber

ADD: BACON 18

## san siro 89

chopped lettuce, cucumber, avo, cherry tomatoes, corn, carrots, sunflower seeds, sesame seeds, peppadew™ piquanté peppers

ADD: SEASONED CHICKEN 25

## broccolo 105

rocket, broccoli, feta, avo, spring onion, sunflower seeds, poppy seeds, oriental dressing

ADD: BACON 18 | SEASONED CHICKEN 25

## caprese 110

fior di latte mozzarella, tomatoes, olives, basil, balsamic glaze

ADD: AVO 25 | SALAMI 25

## vegetariano antipasto 125

[to share] artichokes, baby marrow, roasted red pepper, tomato, olives, fior di latte mozzarella, served with mini herb bread

## piatto di emilia 115

prosciutto crudo, citrus wedges, herbs, basil, citrus dressing

## carne antipasto 160

[to share] salami, prosciutto crudo, tomato, roasted red pepper, artichokes, fior di latte mozzarella, served with mini herb bread

## melanzane 89

fior di latte mozzarella, brinjal, \*italian parmesan, pomodoro sauce

# insalata

## cobb 110

cos lettuce, chicken, bacon, cherry tomatoes, avo, egg, ranch-style dressing, crispy onion

## brioso 105

lettuce, rocket, roasted beetroot, green yoghurt dressing, feta, roasted butternut, butternut chips, crispy onion, cranberries

ADD: SEASONED CHICKEN 25

## volatilia 105

lettuce, seasoned chicken, avo, balsamic roasted cherry tomatoes, croutons, grilled baby marrow, sesame seeds

## wasabi-bee 105

lettuce, carrots, cucumber, avo, pickled red onion, radish, seasoned chicken, cashew nuts, wasabi balsamic glaze

## orientale 110

chicken, coriander, red onion, chopped lettuce, almond flakes, julienned carrots, cranberries, edamame beans, sesame seeds, oriental dressing

ADD: AVO 25

# pasta

*option of spaghetti, penne, linguini.  
whole wheat add R12, wheat free pasta add R20, zucchini add R20.*

## pomodoro 79

tomato, basil

## bolognese 98

beef bolognese with \*italian parmesan,  
garlic pangrattato

## ragu di manzo 145

slow-cooked, pulled beef short rib in red wine  
sauce, \*italian parmesan

## blu formaggi 115

italian-style blue cheese sauce, bacon, garlic  
pangrattato, crispy onion

## cielo 125

basil pesto, cream, mushroom, baby spinach, cherry  
tomatoes, spring onion, \*italian parmesan

*ADD: SEASONED CHICKEN 25*

## the pollo 125

seasoned chicken, mushroom, spring onion,  
pomodoro sauce, sour cream

## crema di gamberi 140

pomodoro sauce, cream, prawns, cherry tomatoes

## tortellini 145

prosciutto crudo tortellini, creamy pomodoro sauce, crispy ham

## home made lasagna 110

beef bolognese, béchamel sauce, \*italian parmesan

## funghi bianco 135

exotic mushrooms, cream, herbs, \*italian parmesan, truffle oil

*ADD: HAM 18 | BACON 18*

## salmone e aneto 140

pomodoro sauce, cream, smoked salmon trout, dill

## zucchini pomodoro 89

zucchini, tomato, basil

## zucchini bolognese 110

zucchini, beef bolognese, \*italian parmesan,  
garlic pangrattato

## zucchini pesto 105

zucchini, basil pesto, \*italian parmesan,  
toasted pumpkin seeds

## zucchini verde rosso 105

zucchini with chicken parmigiana, \*italian parmesan

# bambini

*calling all junior pizza fans - you qualify for this part of the menu if you are under the age of 12!*

## PIZZA

### margherita 50

tomato base, mozzarella, herbs

### esotica 60

ham, pineapple

### tropicale 60

bacon, banana

### regina 60

ham, mushroom

## PASTA

### pomodoro 50

tomato, basil

### funghi bianco 60

exotic mushrooms, cream, herbs, \*italian parmesan

### bolognese 60

beef bolognese, \*italian parmesan

### home made lasagna 60

beef bolognese, béchamel sauce, \*italian parmesan



## main meals

*includes one side of your choice*

### **pollo grigliato 125**

grilled flattened chicken fillet with caramelised lemon

### **coquinaria 135**

flattened chicken fillet with a creamy mustard sauce

### **chicken milanese 135**

crumbed flattened chicken fillet with a creamy mustard sauce

### **pollo saltimbocca 155**

flattened chicken fillet, prosciutto crudo, sage

### **tagliata 199**

sliced sirloin steak with a home-made tomato, garlic, chilli and olive oil tagliata sauce

### **bistecca al pepe 199**

sirloin steak served with a peppercorn truffle infused sauce

### **agnello 230**

lamb shank cooked in the pizza oven with fresh tomato, peppers, wine, herbs

## ***SIDES***

### **broccoli 30**

### **side salad 35**

### **mashed potato 30**

### **grilled baby marrow 35**

### **linguini 25**

# pizza

All our pizzas can be ordered as a half and half (two of your favourite pizza choices as 2 halves at an additional 10% cost).

 Vitality HealthyDining pizza insalata: medium-sized pizza served with a side salad.

Carb conscious 21cm pizza bases are made of cauliflower, coconut, psyllium husks, flax seeds, guar gum, olive oil and dusted with coconut or tapioca flour. Served with a side salad of lettuce, carrots, cucumber, egg, \*italian parmesan, radish and a carb conscious ranch-style dressing.

## GOURMET

### prostituto 130

[no tomato base] bacon, spinach, avo, feta

### hollywood scene 130

bacon, thyme, rosso onion, avo, crispy onion

### forresta 140

salami, black mushroom, feta, garlic, green pepper

CARB CONSCIOUS FORRESTA OPTION 

### the mogul 155

indian butter chicken, yoghurt, fior di latte mozzarella, coriander, crispy onion

### carne 160

italian sausage, chorizo, onion, chilli, roasted red pepper, mushroom

### green genie 155

avo, balsamic glaze, feta, roasted beetroot, roasted garlic, roasted butternut, rocket, \*italian parmesan, pumpkin seeds, sesame seeds, sunflower seeds, shiitake mushroom

### morituri 155

seasoned chicken, bacon, avo, feta, roasted red pepper

CARB CONSCIOUS MORITURI OPTION 

### nacho libre 155





jerk spiced chicken, sour cream, home-made guacamole, tomato chilli salsa, coriander

NACHO LIBRE INSALATA OPTION   
CARB CONSCIOUS NACHO LIBRE OPTION  

## CLASSIC

### margherita 79

tomato base, mozzarella, herbs

MARGHERITA INSALATA OPTION   
CARB CONSCIOUS MARGHERITA OPTION    
FORO OPTION (380 CAL) 

### cheezy margherita 99

tomato base, mozzarella, herbs

### ruspante 110

chicken, mushroom, tandoori spices

RUSPANTE INSALATA OPTION 

### ragazzo 160

bacon, salami, italian sausage, pepperoni

### arrosto 170

asian de-boned smoked pork ribs, rosso onion, smoked paprika, mature cheddar, roasted red pepper

### smokey babe 165

asian de-boned smoked pork ribs, rosso onion, corn, mint, spring onion, coriander



### inferno 185

prawns, peri-peri

INFERNO INSALATA OPTION 

### ortigiano 135

artichokes, asparagus, olives, green pepper, mushroom

ORTIGIANO INSALATA OPTION   
FORO OPTION (485 CAL) 

### parma 145

prosciutto crudo, rocket

ADD: AVO 25 | ITALIAN PARMESAN 22

### carpe funghi 155

[no tomato base] mushroom, dill, roasted garlic, beef carpaccio, \*italian parmesan, caramelised onion, mayonnaise, truffle oil

### salmone 175

smoked salmon trout, rocket, sour cream, black pepper

SALMONE INSALATA OPTION 

### esotica 99

ham, pineapple

### regina 99

ham, mushroom

CARB CONSCIOUS REGINA OPTION   
FORO OPTION (447 CAL)

### strega 99

black mushroom, garlic, herbs, rosemary

STREGA INSALATA OPTION   
FORO OPTION (417 CAL) 

### norm's pralina 110

butternut and tomato base, roasted butternut, chilli, feta, pumpkin seed praline, rocket

ADD: AVO 25

### principessa 110

basil, balsamic roasted cherry tomatoes, fior di latte mozzarella

PRINCIPESSA INSALATA OPTION 

### isolano 125

jerk spiced chicken, pineapple, peppadew™ piquanté peppers, peri-peri sauce

ISOLANO INSALATA OPTION 

### sedriano 130

salami, avo, balsamic roasted cherry tomatoes, sesame seeds

## VEGAN

### vegan margherita 99

tomato base, herbs, dairy-free nut based cheese

VEGAN MARGHERITA INSALATA OPTION 

### fuccino 155

dairy-free nut based cheese, mushroom, artichokes, roasted red pepper, garlic

FUCCINO INSALATA OPTION 

### matturo 115

onion, pepperoni, green pepper

ADD: PEPPADEWS 25

### siciliana 115

italian anchovy, olives

### stagionata 130

ham, mushroom, artichokes, olives

### giusto 120

[no tomato base] italian-style blue cheese, bacon, crispy onion

ADD: AVO 25

### mozzafiato 125

bacon, avo, feta

### lazio 150

dairy-free nut based cheese, avo, balsamic roasted cherry tomato, pumpkin seeds, fresh basil, extra virgin olive oil

LAZIO INSALATA OPTION 

### zucca 155

dairy-free nut based cheese, butternut and tomato base, roasted butternut, roasted beetroot, rocket, avo, sesame seeds, pumpkin seeds, sunflower seeds

ZUCCA INSALATA OPTION 

## **BUILD YOUR OWN** margherita 79 | gluten free margherita 96 | vegan margherita 99

basil, chilli, garlic, onion, green pepper, thyme, peri-peri, pumpkin seeds, rosemary, sesame seeds, spring onion, tandoori spice **9**

banana, fresh tomatoes, roasted garlic, spinach, crispy onion, rosso onion, roasted beetroot, pineapple, rocket, roasted butternut, caramelised onion, baby marrow **12**

balsamic roasted cherry tomatoes, olives, feta **15**

roasted red pepper, mushroom, ham, bacon **18**

asparagus, black mushroom, \*italian parmesan **22**

seasoned chicken, salami, italian sausage, pepperoni, artichokes, peppadew™ piquanté peppers **25**

africanpure™ CBD oil spray. **25**

mozzarella full portion **30**  
mozzarella half portion **15**

avo **25**

italian anchovy, gorgonzola, mature cheddar, chorizo **32**

fior di latte mozzarella, basil pesto **38**

bolognese **50**

asian de-boned smoked pork ribs, prosciutto crudo [70g] **65**

smoked salmon trout [80g] **70**

prawns de-shelled [75g] **50** [150g] **100**

*Our wheat and gluten free pizza bases are made from rice flour, corn starch, tapioca, milk solids, xanthan gum, cellulose and sunflower oil and are yeast, sugar and egg free. Wheat and gluten free pizza base at an additional cost of R25 per pizza.*

# light meals

smaller portions served until 4pm

## PIADINE WRAP

toasted thin italian flatbread as a wrap

### allegro 65

greens, roasted beetroot, roasted butternut, crispy onion, cranberries, feta, green yoghurt dressing

ADD: SEASONED CHICKEN 25

### fratellino 65

greens, julienned carrots, cranberries, edamame beans, sesame seeds, almond flakes, red onion, coriander, oriental dressing

ADD: SEASONED CHICKEN 25 | AVO 25

### abruzzo 65

greens, cucumber, avo, corn, cherry tomatoes, carrots, sunflower & sesame seeds, peppadew™ piquanté peppers, lemon oil

ADD: TUNA 36

## TOASTED PIADINE

thin italian flatbread, folded and toasted

### makhani 75

butter chicken, crispy onions, fior di latte mozzarella

## SALAD

### allentante 60

lettuce, roasted butternut, cranberries, basil, croutons, sesame seeds, cucumber, vinaigrette

### cambiato 60

lettuce, grilled baby marrow, carrot, grated mozzarella, egg, crispy onions, kinga's caesar dressing

## PASTA

### salubre 60

linguini with pomodoro sauce, butternut, feta, pumpkin seed praline

### lussuoso 60

linguini with pomodoro sauce, cream, mushroom, basil

## PIZZA

### pulsante 65

mushroom, caramelised onion

### pepperoni 65

classic pepperoni

### mostarda 65

chicken, crispy onion, mustard mayo

### margherita piccolo 55

tomato base, mozzarella, herbs



## desserts

### ice cream & bar one sauce 50

### vanilla sundae 62

vanilla ice cream, bar-one sauce, brownie bits, crushed hazelnuts

### chocolate brownies 68

ice cream and chocolate sauce

*\*CONTAINS NUTS*

### chocolate pancake 65

pancakes with italian hazelnut spread, vanilla ice cream

### salted caramel pancakes 55

pancakes with salted caramel sauce, vanilla ice cream and almonds

### carb conscious cheesecake 60

topped with an almond coconut crunch

## milkshakes

### vanilla 44

### berry 49

### bar one 49

### salted caramel 49

### pina colada 49

## after dinner drinks

### don pedro from 55

[selected stores only]

### irish coffee from 55

[selected stores only]

## beverages

**still/sparkling water 330ml 20**

**still/sparkling water 750ml 36**

**schweppes® 22**

[soda, lemonade, dry lemon, tonic]

**cooldrinks 26**

[coke, sprite, fanta]

*Coca-Cola*

**reduced sugar cooldrinks 24**

[coke zero, coke light, sprite zero]

**fruit juice 28**

[ask waitron]

**cordial 12**

[kola tonic, passion fruit, lime]

**fuze ice tea 30**

[peach, lemon]

**tomato cocktail 32**

**appetiser, grapetiser 32**

**red bull energy drink 40**

**rock shandy 45**

**italian hot chocolate 40**

**tea 22**

**spiced chai latte 35**

**espresso, americano 25**

**decaf coffee 30**

**cappuccino 26**

**grande cappuccino 30**

**red cappuccino 30**

**caffè latte 30**

**freezochino 45**