

WRAPS

The tastes you love, lightened up and good to go

Our wraps are filled with cucumbers, tomato, tartare and Creamy Lemon Sauce, served with a side of your choice

- + Panko Zucchini 64
- + OB Select Fish 80
- + Calamari

Add a dash of chilli and/or garlic

THE LUNCH BOX

Put together your ultimate light meal and taste the best of Ocean Basket

Pick your price:









High Tide + Side

+ Side

+ Bonus

Pick your fill:

+ Side

+ Bonus

Low Tide Options: Pick one

- Crunchy Fish Bites 100g
- Fish Fillet 100g • Halloumi Cheese 75g
- 5 Mussels
- 3 Prince Prawns

High Tide Options: Pick one

- Any 2 Low Tide Options
- Calamari 110g
- 6 Prince Prawns
- Bonus Options: Pick one
- Up-size your side,
- Panko Zucchini 50g • Dipping Sauce 30g
- 3 Mussels • Cucumber & Tomato 100g
- Side Options: Pick one

Chips 100g

• Rice 100g

SUSHI LUNCH BOX

Satisfy your sushi craving

Pick your price:







Sea + Reef

Ocean + Bay

Pick your fill:

Sea options: Pick one

- Veg crunch futomaki (6)
- Prawn & almond roll (4)
- Salmon California (4) • Salmon nigiri (2)

Reef options: Pick one

- Prawn nigiri (2)
- Prawn California (4) • Salmon maki (3)

v • Panko zucchini California (4)

- Creamy prawn futomaki (6) • Panko salmon futomaki (6)

Ocean options: Pick one

- Salmon tartare roll (4)
- Rock shrimp tempura roll (4)
- Rainbow roll (4) • Lemon salmon roll (4)
- Bay options: Pick one
- 😲 Cucumber maki (3)
- Avo maki (3) Prawn maki (3)

RESPONSIBLE OCEAN CITIZENS

We work alongside WWF-SASSI to embed seafood sustainability in our business and support responsibly managed fisheries and farms.

Disclaimers: Images are for illustration purposes only.

The appearance of actual food may vary due to the nature of our product and processes. Seafood is a live product; each one is unique. The number of pieces may vary. All weights indicated are approximate weights and based on the raw weight, prior to cooking. All changes are managed by food safety regulations. We try to remove all bones from fish, but small ones may remain Vegetables and fruit are based on seasonality and availability. Ingredients from our kitchens and manufacturing plants may contain or come into contact with allergens. Please tell your host if you have any allergies. While we try our best to minimise cross-contamination, we cannot guarantee this. Our seafood is drizzled with our famous Creamy Lemon Sauce, should you prefer your meal without it or if you have a food allergy or intolerance, please tell your host before you order. tell your host before you order.

Visit our website for more info: www.oceanbasket.co.za









May 2024



SMALL PLATES

The Basket 74

3 panko prawns, panko zucchini (50g) and calamari heads (55g) served with zesty mayo

Tarama or Tzatziki Dips 30g/12 Add one of our favourite Mediterranean dips to any dish

Malloumi Cheese 75g/ 35 150g/ 69 Grilled or fried

Dip & Crunch 44

Our legendary tzatziki (75g) or tarama (75g) served with tostadas

Panko Zucchini 100g/42 In our paprika onion panko crumb, served with zesty mayo

Strips & Dip 110g/57 Calamari steak strips fried or grilled, served with roasted tomato mayo

Crunchy Fish Bites 100g/60 In our paprika onion panko crumb, served with roasted tomato mayo

Falafel 7/60 Served with tzatziki

> Firecracker Squid 3pc/60 Tender squid meat in a crisp crust with a touch of chilli

C Lemon Garlic Mussels 8/72

Calamari 110g/ 72 Grilled or fried, tubes and heads

Panko Prawns 5/86

Flash-fried in our paprika onion panko crumb, served with zesty mayo

Meze Platter 225

3 panko prawns, tarama (30g), tzatziki (30g), halloumi (75g), cucumber (100g), tomato (100g) calamari steak strips (110g), calamari heads (55g), crunchy fish bites (50g), panko zucchini (50g)

N Prawn Duo Sushi 74 4 pc prawn California roll 4 pc prawn & almond roll

N Salmon Duo Sushi 74 4 pc salmon California roll 3 pc salmon maki

Nock & Roll Sushi 90 4 pc rock shrimp tempura roll 3 pc prawn maki

Oysters 1/30 6/172 12/319

Available at selected restaurants Have them the Classic way with fresh lemon, black pepper and Tabasco® on the side, or Zesty - with our zesty herb vinaigrette

SOUP & SALADS

Famous Village Salad Side 27 For one 84 Table 150 Tomato, cucumber, feta, olives. green pepper and onion

Seared Salmon Salad 150 Salmon (72g), lightly seared and sliced, served with

avo, ponzu sauce (soy and citrus) and sesame seeds on a bed of cucumber ribbons

Mediterranean Salmon Bowl 94 Sushi rice, salmon (30g), avo, carrot,

with a choice of scrumptious toppings

zucchini, nori and a sweet soy dressing **Notice 1** Loaded Winter Soup 67 Thick and rustic farm-style vegetable soup

Load it with any of these delicious additions:

+ Crunchy Fish Bites (50g) 27 + Calamari Heads (55g) + Grilled Prince Prawns (3) 32 + Halloumi Cheese (75g) 35

PICK A SIDE

All main meals come with your choice of side. Choose

- + Chips / rice / half chips and half rice
- + Panko zucchini
- + Grilled veggies / green beans
- + Local veg Check availability with your host.

FISH Please take care and watch out for bones.

c Famous Fish & Chips

Your choice of fish served with our Creamy Lemon Sauce and any side Hake 200g/114

OB Select 200g/94

Fantastic eating at a great price! OB Select is our daily selection of flaky white ocean fish that meets our stringent flavour and quality standards.

Naucy Fish 200g/ 99 OB Select fish and a side of your choice served with our Spicy Sauce

Grilled Kingklip 200g/ 174 300g/ 235 New Zealand kingklip served with our Creamy Lemon Sauce or Herb Butter

Crusted Kingklip 200g/ 205 300g/ 254 New Zealand kingklip topped with our paprika onion panko crumb and creamy roasted tomato sauce

Grilled Salmon 200g/ 335

ON THE BONE For ultimate flavour and succulence.

Grilled Sole 135g/ 115 200g/ 149 West Coast sole with Herb Lemon Sauce or Herb Butter.

Check availability with your host. Whole Grilled Sea Bream 350g/ 205 Cape Sea Bream, served whole with our Creamy Lemon

PRAWNS

Prawn Special 165 12 prince prawns served the OB Way - grilled to perfection and served with our Creamy Lemon Sauce

Prawns The OB Way

Your choice of prawns served the OB Way

Prince Prawns 12/ 165 18/ 235 24/ 286 **Queen Prawns** 8/ **209** 12/ **294**

6/ 245 10/ 374 16/ 595

Saucy Prawns 184

12 prince prawns served in our Mediterranean or Spicy Sauce

Flavour Royale

King Prawns

15 grilled prawns and three delicious flavours. Pick your preferred size and get 5 with our Creamy Lemon Sauce, 5 with Spicy Sauce and 5 with Herb Butter

15/ 242 + Prince Royale 15/ **399** + Queen Royale + King Royale 15/608

CALAMARI

Calamari 220g/ 165 Premium tubes and heads

Calamari Steak Strips 220g/119 Tender giant squid steak strips

Calamari Trio 165

Tender giant squid steak strips (110g) with calamari tubes (110g) and heads (55g)

Saucy Calamari 184

Calamari Trio served in our Mediterranean or Spicy Sauce

💪 Calamari 3 Ways 330g/ 224 Premium tubes and heads grilled, fried and cajun spiced for the ultimate calamari meal

MUSSELS

C Lemon Garlic Mussels 15/ 135 Saldanha mussels served in our famous Lemon Garlic Sauce

Saucy Mussels 15/145 Saldanha mussels served in our Mediterranean or Spicy Sauce

THE SAUCE OF HAPPINESS

Power up any meal with one of our made-for-seafood sauces (100ml)

Mediterranean Sauce 22 Creamy, tomato goodness

Spicy Sauce 22

A deep and balanced celebration of red spices

Herb Butter 50g/22 Like Cupid's arrow for seafood



PLATTERS DR ONE

Served with half chips and half rice

Bite of the Ocean 169

3 prince prawns, calamari (110g) and OB Select fish (100g)

C Platter for One 224

6 prince prawns, calamari (110g) and calamari heads (55g), OB Select fish (100g) and 3 mussels

The Big One 299 4 king prawns, calamari (110g) and OB Select fish (200a)

Whole Sea Bream Platter 315

Whole sea bream (350g), 5 prince prawns and calamari (110g)

PLATTERS TO SHARE

Served with half chips and half rice

The Crew's Catch 355

8 prince prawns, calamari steak strips (220g), OB Select fish (200g), 8 mussels

C Platter for Two 442

12 prince prawns, calamari (220g) and calamari heads (110g), OB Select fish (200g) and 6 mussels

Solemate Platter 565

18 prince prawns, calamari (220g) calamari steak strips (220g), 8 mussels and a famous village salad

Family Platter 565

12 prince prawns, calamari (220g) and 4 full portions of hake (800g)

C Full Deck Platter 699

30 prince prawns, calamari (220a). calamari steak strips (220g), OB Select fish (300g) and 6 mussels

Seafood Feast 1280

15 king prawns, 2 whole sea bream (700g), hake (400g) and calamari (220g)

COMBOS

Enjoy two of your favourites in one pan

Fish & Premium Calamari (110g) Combos

+	OB Select Fish	200g/ 159	
+	Hake	200g/ 174	
+	New Zealand Kingklip	200g/ 224	300g/286
+	Salmon	200g/ 379	
+	Whole Grilled Sea Bream		350g/ 249

Calamari Steak Strips (110a) Combos

Calaman Steak Strips (1109) Combos				
+ Mussels	6/ 119			
+ OB Select Fish	200g/ 135			
+ Hake	200g/ 149			
+ Prince Prawns	6/ 174			

Prince Prawn (6) Combos		
+ Mussels	6/ 159	
+ OB Select Fish	200g/ 159	
+ Hake	200g/ 174	
C + Premium Calamari	220g/ 224	
+ New Zealand Kingklip	200g/ 224	300g/286
+ Salmon	200g/ 379	
+ Whole Grilled Sea Bream		350g/ 249

TOP IT UP

Add these to your meal

Halloumi Cheese 75g/ 35 150g/ 69

Tarama or Tzatziki Dip 30g/12 100g/39

5 Lemon Garlic Mussels 48 **5 Prince Prawns** 59

Calamari Steak Strips 110g/48

Calamari Tubes & Heads 110a/72

Whole Grilled Sea Bream 350g/155

Sides 27

Chips, rice, half chips and half rice, panko zucchini, grilled veggies or ask about our local veg